

SOUTH END VOICE

Fall is finally hitting us, the humidity is dropping, the air is crisp, and school is starting shortly. This time of year is transitional, changing from summer to fall, from grade to grade, from old to new. This issue includes some recommendations to start the school year off right, such as some healthy tips, after school programs, and many volunteer opportunities! As always, we have a variety of resources, programs and events that we hope will bring the South End together.

FIRST DAY OF
SCHOOL
IS TUESDAY
SEPTEMBER 6TH -
FOR MOST
ALBANY SCHOOLS

FEATURED SOUTH END EVENT

AVillage's South End
Farmers' Market

Every Saturday 2-6pm
on the corner of Morton
Ave and Eagle St

Farm fresh fruits,
vegetables, herbs, etc.

Coming up:

-AVillage will host their
Annual Community
Dinner in October.

-AVillage is hoping to
sponsor a bus to the
Martin Luther King
Memorial Celebration in
Washington DC in Sept.
or Oct.

The Cost will be posted
once a new celebration
date is established.

Suggested General Supply List 2011-2012

General Supplies

- 1 homework folder (sturdy plastic to use all year)
- Pens: red for correcting
- Pencils (LOTS) at least 2 pkgs. of 24 (only bring 6 to school to start the year)
- Colored pencils (pkg. of 12) needed ALL year!
- Crayons (pkg. of 24)
- Pencil case
- Sharpener (2 with covers)
- Scissors
- 5 glue sticks
- Loose leaf paper (3 pkgs.)
- 1 ream white copy paper
- Tissues (2 boxes)
- Index cards (3 pkgs. 3x5)
- Hand Sanitizer

For more Back to School
Tips, continue onto page 3

Get Involved!

If you or your organization would like to become involved with the creation, dissemination, and/or support of the South End Voice please let us know.

We need community partners, writers, artists, journalists, editors, distributors and more.

Inside This Issue

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Want to see your work HERE? Submit to the South End Voice – We'd love to hear from you! More information on Pg. 5

Educational Corner

Headed towards a better tomorrow
 Why live in sorrow
 When God gives us talent to borrow
 Life is something we should learn to appreciate
 People take life for granted
 When all we have to do is survive it
 We all know we're born to die
 So why waste time
 Not living life
 Enjoy it as much as you can
 Because eventually it will come to an end
 Everyone has a talent
 Use it
 If you can sing do your thing
 If you can dance take a chance
 If you can write enlighten
 If you do hair hook it up
 If you draw show off your stuff
 If you cook feed the hungry
 If you can talk motivate
 Don't just sit on talent
 Share it
 Life is a learning experience
 Let's change the cycle for our children
 Start encouraging these babies
 There's so much in this world to accomplish
 Let's put an end to kids killing kids
 We must unite in our community
 I know it may sound wacky to most people
 Just imagine coming home to a place where you feel completely safe
 A clean atmosphere where our children can play
 Change is due to come
 It takes everyone to make a difference
 Come on South End let's do this

Erica Morrow – South End Resident

OPERATION: Big Book Bag Free School Supplies!

**Monday September 5th @11am-1pm
 FIRST COME, FIRST SERVE**

Trinity Alliance Gym

15 Trinity Place, Albany NY 12202

Sponsored by:
 Sigma Gamma Rho Sorority Inc. Alumni Chapter
 Trinity Alliance
 Siena College

Questions? Contact:
 Carolyn @ 518.449.5155 x105



Jessica Speanburg's "Raindance Tree"
 Artwork from *Grand Street Community Arts'*
 BoardedUP

Word Search

N E D F S A L N P T S S R Y E
 P E U R L D O A I J C S T T L
 S N I B E S N M R C H E D I E
 Z T A G I B E E R K O N M N M
 S N U D H S M A I D O I C I E
 Y T A D U B Y E T R L P A R N
 B M R N E O O K T R F P P T T
 U C I O N N C R P P A A I S A
 S O D S P A T D H E E H T E R
 N W Z K P S W S K O N S A V Y
 S R E K R A M H U T O C L A S
 P J C T E A C H E R S D I E O
 Z A B O O K S U C C E S S L U
 B I D N E G N E L L A H C Y T
 L E A R N O I G E R J Z Q J H

LEARN
 LEAVES
 MADISON
 MARKERS
 NEIGHBORHOOD
 PENCIL
 REGION
 SCHOOL
 SEPTEMBER
 SOUTH
 SPORTS
 STUDENTS
 SUCCESS
 TEACHERS
 TIMESUNION

ALBANY
 ART
 BACKPACK
 BOOKS
 BUS
 CAPITAL
 CHALLENGE
 CRAYONS
 ELEMENTARY
 END
 FRIENDS
 FUN
 HAPPINESS
 LARK
 TRINITY

Neighborhood News & Activities

JOB OPENING!

Grand Street Community Arts Bookkeeper

POSITION SUMMARY:

Maintains GSCA's Quickbooks accounting system, balances checkbooks and savings accounts, provides monthly reports and other financial information as needed. Prepares Quickbooks accounts for tax preparer in January and February. **

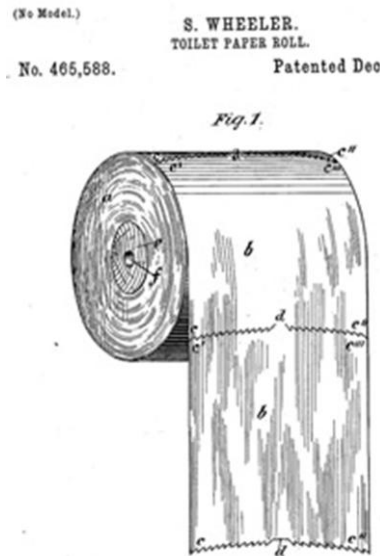
QUALIFICATIONS:**

Minimum two years experience as a bookkeeper and proficiency with Quickbooks. Must have the desire to support a growing not-for-profit and the flexibility to work with a variety of programs and grant sources. **

Contact: bria@grandarts.org

Fun Fact about Albany!

Toilet Paper was Invented and Patented in...yep... Albany!



“According to the US patent office, Wheeler patented what was then called perforated wrapping paper (“toilet” was a sensitive word in 1871). He patented the idea to have the product wrapped around a central tube in 1891, and is also often credited with patenting a bracket to hold those tubes.”

Source:

<http://alloveralbanys.com/archive/2010/03/15/toilet-paper-invented-in-yep-albany>

TIPS FOR A GREAT FIRST DAY OF SCHOOL!

- Get enough sleep.
- Eat a healthy breakfast.
- **Try your best.**
- Use good work habits, like writing down your assignments and turning in your homework on time.
- Take your time with school work. If you don't understand something, ask the teacher.



Gabi Becker's "Leaping Deer"

Artwork From Grand Street Community Arts BoardedUP

September is Lung Cancer Awareness Month!

Lung cancer accounts for 1 in 6 deaths from cancer in the United States, making it the number one cancer killer.

Smoking causes 80-90% of cases of lung cancer

The Centers for Disease Control (CDC) website (www.cdc.gov) offers the following lung cancer prevention tips you can share with clients, students, friends and/or family:

- Don't smoke. If you do smoke, quit now.
- Avoid secondhand smoke. There is no risk-free level of secondhand smoke exposure.
 - Follow health and safety guidelines in the workplace.

A free support resource for quitting smoking is also available for smokers anywhere in the U.S., toll-free at 1-800-QUITNOW (1-800-784-8669) and at www.smokefree.gov. In New York State, the toll-free number is 1-866-NY-QUITS (1-866-697-8487) —online information is available at www.nysmokefree.com.

Submitted by Fidelis Care

Community Resources

Volunteers!

ALLbany Online

Instructor, ALLbany Online needs volunteers to hold basic computer classes and orientation sessions for online work force training. Volunteers will lead classes utilizing an informative PowerPoint presentation at various Community Technology Centers (CTCs). No prior teaching experience required: training will be provided. If interested, please call 518-694-9900.

Grand Street Community Arts - Street Team

We are now accepting applications for the Grand Street Community Arts Street Team! You'll meet lots of fun, new people while learning about public relations and event planning. This can also be a great way to fulfill volunteer hours. Street Teamers help us spread the word about our upcoming events and programs. To apply to the team, email bria@grandarts.org with your resume and/or why you would be a great rep for GSCA. Thanks!

BoardedUP Exhibition & Auction + 1st Friday

Friday September 2, 2011: 6 PM @ Grand Street Community Arts,
68 Grand Street, Albany, NY

Get ready to bid on your favorite boards from the past 2011 season.

Featuring more than 70 local artists.

Like last year, we will also have previous year boards for only \$25.

There will also be live music, and dancing. Refreshments will be served along with a cash bar.

Discard AvantGarb

Saturday September 10, 2011: 6 PM @ Grand Street Community Arts, 68 Grand Street, Albany, NY

Capital Region artists ingeniously turn discarded materials into high fashion. Who knew bottle caps and old socks could look so good? This unforgettable evening will feature a cash bar, live music, and the most original runway of the season. Stay tuned for more details and how to purchase tickets!

"Got Class? Status and Power in Early America" is a collaborative special program series between two of the South End's historic homes, Historic Cherry Hill and Schuyler Mansion State Historic Site. The program will explore the broad spectrum and subtleties of class and power within the elite and down the rungs of society in 18th century Albany. The varied series has something for everyone—and you are encouraged to attend several (or all!) events in our thoughtful, humorous and relevant exploration of status and power in early America. Please call 518-434-0834 for further information or to RSVP for any or all of the events.

Friday, Saturday, and Sunday September 16-18, 2011: Living Walls

Lecture series is the 16, 17 at the NYS Museum from 10 am to 5:30 pm. All panels are free, and there will also be free kid-friendly workshops and activities. Living Walls: Albany is a project designed to raise awareness about the use of public space. It is about exploring options that a smaller city like ours has in terms of bike commuting, sustainable energy options, urban gardening, rebuilding and/or reclaiming buildings as opposed to demolishing them. Through a series of lectures, performances, and the involvement of some of the world's great mural artists, the Living Walls project is intent on creating an open dialogue between the people and city.

Resources

The South End Improvement Corporation has collaborated with CDTA to assist new homeowners in the South End. The South End is recognized by the City as a transit supportive neighborhood based on available transit services, pedestrian accommodations, limited parking or limited car ownership, and the presence of transit dependent populations. Therefore, CDTA is willing to provide qualified homeowners with two bus passes per household, per month, for 24 months as part of the TDM Homeowner's Incentive Program. This program requires for new homeowners occupy their new home for at least 24 months after its purchase and resides within the South End boundaries. For more information, please contact Carrie Ward with CDTA at 518.437.6865.

Free basic computer & Internet classes and workforce online job training. We also provide free wireless Internet (Wi-Fi) in certain areas within the city of Albany and low cost desktop computers for those who qualify. If you or someone you know would like to attend a free class or learn more about other services, please give us a call at 518-694-9900 or visit our website: www.allbanyonline.com.

Free Stuff- Trinity Alliance (15 Trinity Place) has assorted chairs, a high chair, and a stroller to give away.

Community Hospice Camp Erin—Friday, September 23rd through Sunday, September 25th, 2011
Camp Erin is a free weekend overnight camp for children and teens, ages 6-17, who have lost someone important in their lives. It combines traditional, fun, high-energy camp activities with grief education and support. Camp Erin's staffed by licensed social workers, nurses and trained community volunteers.

Community Partner & Contact Information

Community Partner	Telephone	Website
Trinity Alliance of the Capital Region	449-5155	www.trinityalliancealbany.org
Boys and Girls Clubs of Albany	462-552	www.bgcalbany.com
Unity Sunshine Program	434-0815	www.unityhouseny.org/services/service_detail.cfm?ID=2
Albany Bike Rescue		www.trinityalliancealbany.org/health-and-wellness
NY State Department of Health	485-5341	www.health.state.ny.us
The Salvation Army	463-6678	www.salvationarmycapitalregion.org
Grand Street Community Arts	463-2222	www.grandarts.org
Albany Police Department	438-4000	www.albanyny.org/government/departments/police.aspx
South End Partnership for Safe Families		
South End Neighborhood Association		www.southendna.blogspot.com
Schuyler Mansion	434-0834	www.schuylerfriends.org
Albany County Dept. for Children Youth, and Families	447-7500	www.albanycounty.com/cyf
Albany Family Education Alliance	489-2838	www.albanyfamilyeducationalalliance.org
St. George Orthodox Church	462-0579	
Capital City Rescue Mission	462-0459	www.capitalcityrescuemission.com
AVillage...,Inc.	859-4305	www.avillageny.org
Homeless and Traveler's Aid Society	463-2124	www.hatas.org
South End Implimentation Team		www.albanyny.org/government/departments/developmentplanning.aspx
Community Cradle	426-1153	www.communitycradle.org
Albany Housing Authority	810-0132	www.albanyhousing.org/thecenter
South End Improvement Corps	436-8777	www.seicalbany.org
Albany Community Hospice	724-0242	www.albanycommunityhospice.com
ALLbany Online	598-0900 x3208	Allbanyonline.com

About:

The South End Voice is a collaborative monthly publication by and for the people and community based organizations of Albany's South End. All individuals who work, reside, volunteer, or appreciate the south end are welcomed and encouraged to submit articles, opinions, pictures, artwork, and upcoming events. Issues will be distributed on the first Thursday of each month.

The SEV now has a website, which can be accessed at <http://southendvoice.weebly.com>. The website holds a backlog of our past issues and all of our submission forms. Community members may also submit materials through the site.

The South End Voice is housed at the Trinity Alliance Family and Neighborhood Resource Center at 15 Trinity Place.

Submissions, Questions, comments, and corrections can be submitted to Carolyn Holthausen at southendvoice@gmail.com or at 518-449-5155 x105, or stop by!

Editorial Board

Amaury Ortiz

Benita Law-Diao

Terrilee Dodge

Bria Schultz

Charmaine Wilson, Reporter

Carolyn Holthausen, Executive Editor

Interested in collaborating with the South End Voice? Come to one of our meetings! Join us on the last Tuesday of every month at Trinity Alliance.

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2
TA - Knitting club 9:30-11am
GSCA Boarded UP silent Auction - 6-pm

3
AV- Farmers Market 2-6pm
Morton Ave + Eagle St

4

5
TA - Operation : Big Book Bag 11-1pm

6

7
TA Dancing w/ our Elders - 2pm
GSCA - Community Meeting 7pm

8
AV Meeting - 5-7pm
GSCA 8-9:30pm South End Partners Meeting

9

10
AV- Farmers Market 2-6pm
Morton Ave + Eagle St
GSCA - Discard AvantGarb - 6pm

Events Key

- AFEA- Albany Family Education Alliance,
- AO- ALLbany Online, 87 State St
- APD- Albany Police Department, 126 Arch St.
- AV- AVillage...Inc., 82 Clinton St.
- BGC- Boys and Girls Club, 21 Delaware Ave.
- BR-Albany Bike Rescue, 15 Trinity Place
- CH- Community Hospice, 445 New Karner Rd.
- CYF- Albany County Department for Children, Youth and Families, 112 State St.
- GSCA- Grand Street Community Arts, 68 Grand St.
- HATAS- Homeless and Traveler's Aid Society, 138 Central Ave.
- HA- Housing Authority, 200 Green St.
- RM-Rescue Mission, 259 South Pearl St
- SA- Salvation Army, 20 South Ferry St.
- SENA- South End Neighborhood Association
- SEP- South End Partnership for Safe Families
- SG- St. George Orthodox Church, 1 St George Place
- SM- Schuyler Mansion
- TA- Trinity Alliance, 15 Trinity Place
- US- Unity Sunshine, 50 Phillip St.

12

13
BR Bike Repair 6-8pm

14
TA Dancing w/ our Elders - 2pm
GSCA - Community Meeting 7pm

15
AV Meeting - 5-7pm

16
TA - Knitting club 9:30-11am

17
SM Special Program Series Kick off - 2pm
AV- Farmers Market 2-6pm
Morton Ave + Eagle St

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20
BR Bike Repair 6-8pm

21
TA Dancing w/ our Elders - 2pm

22
AV Meeting - 5-7pm

23
TA - Knitting club 9:30-11am

24
SM Hudson River Ramble SE Tour - 10-12pm*
AV- Farmers Market 2-6pm
Morton Ave + Eagle St

26

27

28

29

30

1
AV- Farmers Market

ONGOING:
TA Computer lab 10-12pm M-F
HA Computer lab 9am-4pm M-F
Lincoln Park Gym: Open M-F 3:30-8pm for ages 15-18 I.D, required and staff are available for personal training

SEPTEMBER 2011